

Gratitude REPORT



BECAUSE OF YOU!



Mount St. Rita Health Centre

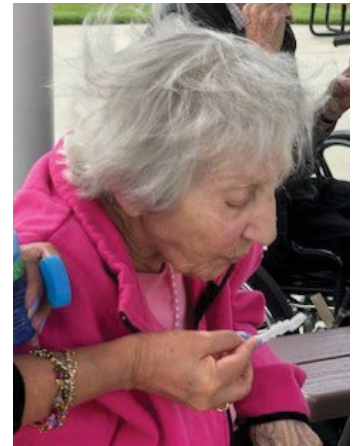
A Member of Covenant Health



Hug Holiday Sends Bubbles and Hugs to Those We've Lost

No matter how much time has passed since you last hugged a special person, the warmth and comfort of that touch is a precious memory. This is especially true for those loved ones we have lost and can no longer physically embrace. For the first time, we celebrated Hug Holiday on June 29. Thoughtful donors sent in donations in memory of their loved ones. Our residents and staff blew bubbles together to symbolize the sending of hugs and kisses to family and friends who have passed. The residents loved every minute of it and the event was enjoyed by all!

We were honored to remember family and friends who have passed, and with your help, we can show our employees how much they are appreciated for their commitment to our residents. Donations will be used for employee recognition initiatives such as appreciation gifts and activities, recognition activities, bonuses, and emergency assistance funds. Your gift will help us lift the spirits of our employees, especially during a time when many are working long and unpredictable hours, often prioritizing the care of our residents over their own personal lives.





Board of Directors Have Our Residents Covered

We are so thankful for the dedication of our board of directors who volunteer their time, talent and treasure to advance Mount St. Rita's mission. They are always ready to step up for our residents and staff. This past April was no different, when they joined together to offer a generous match for all donations to our 401 Gives fundraiser.

401 Gives takes place during a special day in Rhode Island during which members of the community show love and support for their favorite charitable organizations and causes. This year, we asked for your help enhancing the outdoor patio area for our residents who use this space to gather with family and friends for visits and special activities. Thanks to the generosity of our community, we raised over \$4,800 and have ordered new commercial-grade patio seating and umbrellas — and we are eagerly awaiting their arrival!

“Mount St. Rita board members all know how much residents enjoy our picturesque location,” says Patricia S. Vieira, board chair. “Their generous support for making the patio a more beautiful and accessible space inspired other community members to make gifts to enable us to complete this important project. I am truly grateful to everyone who gave, and I am proud to serve alongside such thoughtful and compassionate people.”

Our Generous Board

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Professor of Nursing

Patricia Vieira
Writer/Editor, PR/Strategic
Communications Practitioner

Keller Williams Volunteers Spread Joy During Red Day

On Thursday, May 11, the local Keller Williams Real Estate Group office members celebrated Red Day, a day they set aside each year for every employee to volunteer, serve and give back to their community through a visit to St. Rita Health Centre. The team installed air conditioners in residents' rooms and washed and sanitized all the residents' wheelchairs. They also painted a mural in the newly updated short-term care unit. The mural of a tranquil countryside brook brought color and joy to the short-term hallway space. Thanks to their efforts, the healing power of art will continue to help our residents for years to come.



New Activities System Donated by Sisters of Mercy

We are happy to announce that Mount St. Rita was awarded a \$38,427 grant from the Mercy Fund for Ministry Grant Program for the purchase of two iN2L — it's Never 2 Late — activities systems. This system is rich with content and thousands of activities specifically designed to help seniors pursue the ideas and interests that bring meaning and dignity to their lives.

With iN2L, residents can choose from over 4,000 activities, including brain teasers, games and puzzles. They can virtually fly a plane over a French vineyard, take a stroll through a museum or pop over to Spain to learn a few steps of the flamenco! This variety of engaging activities exercises minds and lifts spirits — and promotes increased feelings of self-confidence and happiness.

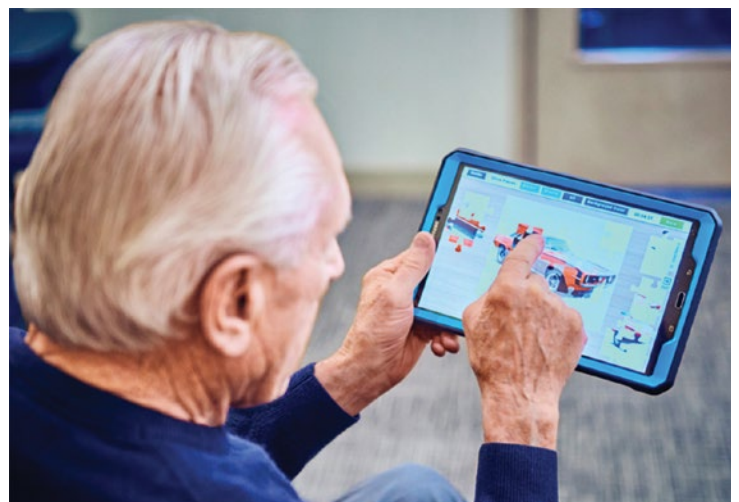
The iN2L system also is perfect for virtual small-group activities. Residents can enjoy curated content or spontaneously set up activities such as a virtual bowling tournament. iN2L content is accessible at any level of physical or cognitive ability. It connects residents with each other, staff and residents' families through fulfilling and high-quality interactions.

Thanks to the Sisters of Mercy, in 2024, Mount St. Rita will welcome both a tablet-sized individual system, perfect for the bedside or for independent use, as well as a large-group system.

To learn more about iN2L, visit iN2L.com, where you can also view videos of this technology being enjoyed by seniors.



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Believers in Compassionate Care

Your gifts support the delivery of high-quality, compassionate care for our residents. We recognize these donors who made a gift between **Sept. 1, 2022, and Aug. 15, 2023**. Every effort has been made to ensure the accuracy of our donor lists. If you have corrections or would like to change how we publish your name(s), please contact Denise Marques at 508.617.3402 or dmarques@covh.org.

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Δ Loyalty Society Member: The Loyalty Society recognizes Mount St. Rita's most loyal donors — those who share their generosity for three or more consecutive years.



Thank you

for all you've done!

We hope that this report will convey the difference you have made for our residents and staff this past year. With a grateful heart,

Susan Oldrid, *Director, Resource & Strategy Development*
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