Mount Saint Rita Cumberland RI 1st & 2nd Floor

November 2026

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Greeting & Daily Chronicle 10:00 Chair Exercise 3DR 1:00 In Room Leisure Packets 2:00 You Tube Mass Daylight Saving Time Ends	2 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee social 3 Dr 10:30 Mass 2DR 2:00 Bingo 2DR $$$	3 9:00 Morning Greeting & Daily Chronicle AU 10:00 Coffee social 3 Dr 10:30 You Tube exercise 3 DR 2:30-3:30 Bingo $$$ NO HAIR DRESSER	4 9:00 Morning Greeting, Daily Chronicle 10:00 Coffee & Pastry Social 2 DR 10:30 Stretching & Ball Games 2 DR 10:30 Mass 2 DR 2:00 Entertainment with Mike D FWR	5 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Snacks 3 floor 10:30 You Tube exercise 2 DR 11:00 Finish the Phrase/ Trivia 2 DR 2:00 Mass FWR 3:00 Pokeno $$$	6 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Pastry Social 3 DR 10:30 You Tube exercise 3 DR 11:00 White Board Games 3DR 2:00 Pinecone Owls Craft	7 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Snacks Social 2 DR 11:00 Resident Run Rosary 2 DR 1:30-3:00 Bingo 2 DR $$$
8 9:00 Morning Greeting & Daily Chronicle 10:00 Chair Exercise 3DR 1:00 In Room Leisure Packets 2:00 You Tube Mass	9 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee social 3 Dr 10:30 Mass 2DR 2:00 Bingo 2DR $$$	10 9:00 Morning Greeting & Daily Chronicle AU 10:00 Coffee social 3 Dr 10:30 You Tube exercise 3 DR 2:30-3:30 Bingo $$$ NO HAIR DRESSER	11 9:00 Morning Greeting, Daily Chronicle 10:00 Coffee & Pastry Social 2 DR 10:30 Stretching & Ball Games 2 DR 10:30 Mass 2 DR 2:00 VETERANS CERAMONY 3DR	12 9:00 Morning Greeting & Daily Chronicle 10-4 HAIRDRESER 10:30 You Tube exercise 2 DR 11:00 Finish the Phrase/ Trivia 2 DR 2:00 Mass FWR 3:00 Pokeno $$$	13 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Pastry Social 3 DR 10:30 You Tube exercise 3 DR 11:00 White Board Games 3DR 2:00 Wheel of fortune MSR BAKE SALE	14 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Snacks Social 2 DR 11:00 Resident Run Rosary 2 DR 1:30-3:00 Bingo 2 DR $$$
15 9:00 Morning Greeting & Daily Chronicle 10:00 Chair Exercise 3DR 1:00 In Room Leisure Packets 2:00 You Tube Mass	16 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee social 3 Dr 10:30 Mass 2DR 2:00 Bingo 2DR $$$	17 9:00 Morning Greeting & Daily Chronicle AU 10:00 Coffee social 3 Dr 10:30 Pet therapy w/ Emerald 10:30 You Tube exercise 3 DR 10:00 Hairdresser 2:30-3:30 Bingo $$$	18 9:00 Morning Greeting, Daily Chronicle 10:00 Coffee & Pastry Social 2 DR 10:30 Stretching & Ball Games 2 DR 10:30 Mass 2 DR 2:00 Entertainment with Rebecca Pink FWR 6:15 -7:15 Bingo For CASH 2 DR	19 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Snacks 3 floor 10:30 You Tube exercise 2 DR 11:00 Finish the Phrase/ Trivia 2 DR 2:00 Mass FWR 3:00 LUCKY 13	20 9:00 Morning Greeting & Daily Chronicle 10:30 Resident Council & Food Committee 2DR 11:00 White Board Games 3DR 2:00 HOT CHOCOLATE & COOKIES CART	21 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Snacks Social 2 DR 11:00 Resident Run Rosary 2 DR 1:30-3:00 Bingo 2 DR $$$
22 9:00 Morning Greeting & Daily Chronicle 10:00 Chair Exercise 3DR 1:00 In Room Leisure Packets 2:00 You Tube Mass	23 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee social 3 Dr 10:30 Mass 2DR 2:00 Bingo 2DR $$$	24 9:00 Morning Greeting & Daily Chronicle AU 10:00 Coffee social 3 Dr 10:30 You Tube exercise 3 DR 10:00 Hairdresser 2:30-3:30 Bingo $$$	25 9:00 Morning Greeting, Daily Chronicle 10:00 Coffee & Pastry Social 2 DR 10:30 Stretching & Ball Games 2 DR 10:30 Mass 2 DR 2:00 Entertainment with Polka Paul FWR	26 10:00 Coffee Social & Macy's Thanksgiving Parade 11:00 Thanksgiving Word Games 3DR 11:30 Getting Ready for Lunch 1:00 Thanksgiving Coloring & Reminisce 2:00	27 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Pastry Social 3 DR 10:30 You Tube exercise 3 DR 11:00 White Board Games 3DR 2:00 Painting Christmas Gnomes	28 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee & Snacks Social 2 DR 11:00 Resident Run Rosary 2 DR 1:30-3:00 Bingo 2 DR $$$
29 9:00 Morning Greeting & Daily Chronicle 10:00 Chair Exercise 3DR 1:00 In Room Leisure Packets 2:00 You Tube Mass	30 9:00 Morning Greeting & Daily Chronicle 10:00 Coffee social 3 Dr 10:30 Mass 2DR 2:00 Bingo 2DR $$$					