November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Chair Exercise 10:30 White board trivia 11:00 Balloon bop 11:30 Finish the phrase 1:00 Puzzle & Stuff (Sensory) 1:30 Ball toss 2:00 Picture Bingo 3:00 You tube Mass Daylight Saving Time Ends	2 10:30 Chair Dancing 11:00 White Board Games 1:00 Big Ball Bounce 2:00 Fishing 2:30 Slot machines or Busy Bees 3:00 Snack & Game Shows 4:00 Guess the picture/ Trivia 6:00 Ball Games 6:30 Velcro Darts	3 10:30 Pet therapy w/ Emerald 11:00 Commercials Trivia 1:00 Sing A long 2:00 Mass 3DR 3:00 Snack & I Love Lucy 3:30 Ball Toss 4:00 Finish the phrase 6:00 Ring toss 6:30 Nighttime stretch and meditate NO SALON SERVICES	4 10:30 Stretching & Ball Games 11:00 Puzzles & Stuff (Sensory) 11:30 White board games 2:00 Entertainment with Mike D (Birthday Party) 3:30 Snack & Old Time Tv 4:00 Balloon Bop 4:30 Guess The picture Trivia 6:00 Sing A long 6:30 Anything Goes	5 10:30 You Tube exercise 11:00 Guess the picture 11:30 Anything Goes 2:00 Mass FWR 3:30 Snack & Music 4:00 Fishing 6:00 Ball Games 6:30 Nighttime stretch and meditate	6 10:30 You Tube exercise 11:00 White Board Games 1:30 Mass 3DR 2:30 ARTS & CRAFTS 3:30 Snack & Game Shows 4:00 Cactus ring toss 6:00 Puzzles & Stuff (Sensory) 6:30 Big Ball Bounce	7 10:30 You tube Exercise 11:00 Simple Trivia 12:00 Lunch 1:00 Balloon Bop & Ball Games 2:00 Reminisce & Snacks 2:30 Puzzles & Stuff 3:00 I love Lucy
8 10:00 Chair Exercise 10:30 White board trivia 11:00 Balloon bop 11:30 Finish the phrase 1:00 Puzzle & Stuff (Sensory) 1:30 Ball toss 2:00 Picture Bingo 3:00 You tube Mass	9 10:30 Chair Dancing 11:00 White Board Games 1:00 Big Ball Bounce 2:00 Fishing 2:30 Slot machines or Busy Bees 3:00 Snack & Game Shows 4:00 Guess the picture/ Trivia 6:00 Ball Games 6:30 Velcro Darts	10 10:30 You Tube exercise 11:00 Commercials Trivia 1:00 Sing A long 2:00 Mass 3DR 3:00 Snack & I Love Lucy 3:30 Ball Toss 4:00 Finish the phrase 6:00 Ring toss 6:30 Nighttime stretch and meditate NO SALON SERVICES	11 10:30 Stretching & Ball Games 11:00 Puzzles & Stuff 11:30 White board games 2:00 VETERANS CERAMONY 3 DR 4:00 Balloon Bop 4:30 Guess The picture Trivia 6:00 Sing A long 6:30 Anything Goes Veterans Day	12 10-4 SAOLN SERVICES 10:30 You Tube exercise 11:00 Guess the picture 11:30 Anything Goes 2:00 Mass FWR 3:30 Snack & Music 4:00 Fishing 6:00 Ball Games 6:30 Nighttime stretch and meditate	13 10:30 You Tube exercise 11:00 White Board Games 1:30 Mass 3DR 2:30 3:30 Snack & Game Shows 4:00 Cactus ring toss 6:00 Puzzles & Stuff (Sensory) 6:30 Big Ball Bounce MSR BAKE SALE	14 10:30 You tube Exercise 11:00 Simple Trivia 12:00 Lunch 1:00 Balloon Bop & Ball Games 2:00 Reminisce & Snacks 2:30 Puzzles & Stuff 3:00 Game Shows
15 10:00 Chair Exercise 10:30 White board trivia 11:00 Balloon bop 11:30 Finish the phrase 1:00 Puzzle & Stuff (Sensory) 1:30 Ball toss 2:00 Picture Bingo 3:00 You tube Mass	16 10:30 Chair Dancing 11:00 White Board Games 1:00 Big Ball Bounce 2:00 Fishing 2:30 Slot machines or Busy Bees 3:00 Snack & Game Shows 4:00 Guess the picture/ Trivia 6:00 Ball Games 6:30 Velcro Darts	17 10-4 SAOLN SERVICES 10:30 You Tube exercise 11:00 Commercials Trivia 1:00 Sing A long 2:00 Mass 3DR 3:00 Snack & I Love Lucy 3:30 Ball Toss 4:00 Finish the phrase 6:00 Ring toss 6:30 Nighttime stretch and meditate	18 10:30 Stretching & Ball Games 11:00 Puzzles & Stuff (Sensory) 11:30 White board games 2:00 Entertainment with Rebecca Pink 3:30 Snack & Old Time Tv 4:00 Balloon Bop 4:30 Guess The picture Trivia 6:00 Sing A long 6:30 Anything Goes	19 10:30 You Tube exercise 11:00 Guess the picture 11:30 Anything Goes 2:00 Mass FWR 3:30 Snack & Music 4:00 Fishing 6:00 Ball Games 6:30 Nighttime stretch and meditate	20 10:30 You Tube exercise 11:00 White Board Games 1:30 Mass 3DR 2:30 Drums Alive 3 Dr 3:30 Snack & Game Shows 4:00 Cactus ring toss 6:00 Puzzles & Stuff (Sensory) 6:30 Big Ball Bounce HOT CHOCOLATE & COOKIES CART	21 10:30 You tube Exercise 11:00 Simple Trivia 12:00 Lunch 1:00 Balloon Bop & Ball Games 2:00 Reminisce & Snacks 2:30 Puzzles & Stuff 3:00 I love Lucy
22 10:00 Chair Exercise 10:30 White board trivia 11:00 Balloon bop 11:30 Finish the phrase 1:00 Puzzle & Stuff (Sensory) 1:30 Ball toss 2:00 Picture Bingo 3:00 You tube Mass	23 10:30 Chair Dancing 11:00 White Board Games 1:00 Big Ball Bounce 2:00 Fishing 2:30 Slot machines or Busy Bees 3:00 Snack & Game Shows 4:00 Guess the picture/ Trivia 6:00 Ball Games 6:30 Velcro Darts	24 10-4 SAOLN SERVICES 10:30 You Tube exercise 11:00 Commercials Trivia 1:00 Sing A long 2:00 Mass 3DR 3:00 Snack & I Love Lucy 3:30 Ball Toss 4:00 Finish the phrase 6:00 Ring toss 6:30 Nighttime stretch and meditate	25 10:30 Stretching & Ball Games 11:00 Puzzles & Stuff (Sensory) 11:30 White board games 2:00 Entertainment with Polka Paul 3:30 Snack & Old Time Tv 4:00 Balloon Bop 4:30 Guess The picture Trivia 6:00 Sing A long 6:30 Anything Goes	26 10:00 Coffee Social & Macy's Thanksgiving Parade 11:00 Thanksgiving Word Games 11:30 Getting Ready for Lunch 1:00 Thanksgiving Coloring & Reminisce 2:00 HAPPY THANKSGIVING	27 10:30 You Tube exercise 11:00 White Board Games 1:30 Mass 3DR 2:30 3:30 Snack & Game Shows 4:00 Cactus ring toss 6:00 Puzzles & Stuff (Sensory) 6:30 Big Ball Bounce	28 10:30 You tube Exercise 11:00 Simple Trivia 12:00 Lunch 1:00 Balloon Bop & Ball Games 2:00 Reminisce & Snacks 2:30 Puzzles & Stuff 3:00 Game Shows
29 10:00 Chair Exercise 10:30 White board trivia 11:00 Balloon bop 11:30 Finish the phrase 1:00 Puzzle & Stuff (Sensory) 1:30 Ball toss 2:00 Picture Bingo 3:00 You tube Mass	30 10:30 Chair Dancing 11:00 White Board Games/ Trivia 1:00 Big Ball Bounce 2:00 Music Speaks with Garo Sensory 3:00 Snack & Game Shows 4:00 Guess the picture/ Trivia 6:00 Ball Games 6:30 Velcro Darts					

3 rd. floor Activity Programs
Monday thru Friday 10:00 am to 7: 15 pm
Saturday and Sunday 10:00 am to 3:15pm

Mount Saint Rita Cumberland RI 3RD Floor

Activities are subject to change.